



COMMUNITY PARTNERS FOR HEALTH

Community Partners for Health is pleased to announce that it is making available \$15,000 in mini-grants for FY 2010. The grant period is from March 1st, 2010 to September 30th, 2010. The majority of this funding will support community projects, activities, or events, for example:

- translation of brochures
- specific need for a health fair or conference
- survey design and/or implementation
- seminars
- educational materials or events
- speakers for staff development or special event
- essential materials for a program or event.

Proposal Guidelines:

- ❖ Proposed projects/activities/event must relate to one or more of the CHNA6 priorities:
 - **Mental health**
 - **Health Disparities among high risk populations**
 - **Violence prevention**
 - **Adolescent risk factors**
 - **Substance abuse including alcohol, tobacco and other drugs**
- ❖ The agency or organization must be an active member of the CHNA or agree to become an active member and must submit a written summary of the project outcomes to the CHNA.
- ❖ Proposal must target a community or communities that fall within the geographic area of the CHNA: Bellingham, Blackstone, Douglas, Franklin, Hopedale, Medway, Mendon, Milford, Millville, Northbridge, Sutton, Upton, and Uxbridge.
- ❖ Awards will range from \$200 - \$3,000

The completed application should include the cover sheet (the reverse side of this sheet) and a one to two page narrative with the following information:

1. Goals/objectives of the project/activity/event
2. Intended outcome
3. Overview of project/activity/event and how it supports/compliments existing programming
4. How it relates to one or more of the priority areas of the CHNA
5. Evaluation process, if applicable
6. Cost Breakdown/budget

Proposals should be **submitted via e-mail** no later than **4 PM, Friday, January 15th, 2010** to:

Community Impact Inc
CHNA Coordinator

Name of Agency/Coalition:

Street Address:

Name of Project/Activity/Event: Peaceful Playgrounds

Date of Project/Activity/Event: Spring 2010

Coordinator/Contact Name:

Phone:

E-mail:

Fax:

1. Goal/Objective of project/activity/event:

The goal of the Peaceful Playground project is to provide structures activities for youth during outdoor play that increase physical activity while decreasing conflict among children. Objectives include the learning of many new games and conflict-resolution skills.

2. Intended Outcome:

Children will be engaged in physical activity during recess and outdoor play using the Peaceful Playground games. Children will use the skills learned as a result of the program to resolve their own conflicts both on the playground as well as in the classroom. The program fosters inclusion, teamwork, respect for peers and equipment, and conflict resolution skills in addition to increasing physical activity by offering several game choices in which children can participate.

3. Narrative:

Provide a brief overview of project/activity/event and how it supports/compliments existing programming.

What : The Peaceful Playgrounds program uses blacktop playground markings to teach games at different skill levels for grades pre-k through 6. The program has a very strong conflict resolution component that teaches children three strategies for reducing conflict: walk, talk, and rock, paper, scissors. The implementation of this program has been shown to decrease conflict both on the playground and in the classroom.

Why: The student population of _____ Elementary school is in need of structured activities for outdoor play. The playground is presently being renovated and is only partially available for student use. This program would serve an immediate need for activities on the blacktop area where children play during the winter months.

Who: The 642 students in grades 1-4 who attend _____ Elementary school in addition to the community and students who use our facilities for after-school programs.

The use of playground markings in the Peaceful Playgrounds program, has been scientifically shown to improve children's physical activity levels. The conflict-resolution component has also shown that children learn specific conflict-resolution skills that teach them how to negotiate, communicate and diffuse disagreements in an effective way. This skill will stay with them as they grow into teens and adults and serves as a basis for violence prevention for youth.

4. Describe how this project/activity/event relates to one or more of the priority areas of the CHNA6.

This project relates to the violence prevention priority of CHNA6. The Peaceful Playground program has been shown to decrease bullying and playground confrontations.

5. Briefly describe the evaluation process.

Evaluation will be based on recording the number of playground incidents as well as surveying the teachers to monitor student use of conflict resolutions skills in the classroom.

6. Cost breakdown/budget

- ✓ Peaceful Playground Program Kit: \$999.00
- ✓ Playground equipment to use with program: Equipment includes volleyballs, basketballs, soccer balls, kick balls, playground balls, footballs, tetherballs, cones, nets, wiffle balls, bases, beanbags, scoops and jump ropes: \$499.00
- ✓ Consultant to train physical education department on curriculum: 2, one hour classes: \$250.00
- ✓ Consultant to teach children games during 4 recess periods: 4 hours: \$500.00
- ✓ Total for Grant Award = \$2,249.00

Additional comments or information you want the reviewers to know.

The _____ Elementary school presently services 642 students in grades 1 thru 4. The current playground is presently under renovation with many sections closed due to vandalism or disrepair. Children presently use the blacktop area for recess, yet do not have equipment to play with. This program would not only provide needed structured activities for recess and outdoor play, but also increase physical activity and implement conflict resolution skills that will build anti-bullying and violence-prevention messages within the student population.