



Course includes Certificate & Professional Development Hours
Individual, School, and District options available through online learning platform



**How to Implement
Recess Before Lunch**



**Obstacles in
Implementing Recess
Before Lunch**



**Research Behind Recess
Before Lunch**

Topics covered in the training.

Recess before lunch points of view - Parent, teacher, student.

Research behind recess before lunch.

How do i get started?

Gaining support for RBL.

Steps to implementing RBL.