

Low-Cost High-Activity Playgrounds



**How to Get Kids
Active Without
Breaking the Bank**

**Playground's Value
in Overall Health
& Academics**

**Explore Playground
Options**

- 1. Research on Children and Physical Activity**
- 2. Increase Physical Activity Through the Use of Loose Equipment**
- 3. Increase Physical Activity Through the Use of Playground Markings**
- 4. Playground Markings that Increase Physical Activity**

Course includes Certificate & Professional Development Hours

Individual, School and District options available through online learning platform

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