

## **Alternative fundraisers to unhealthy food**

Looking for alternative fundraisers to unhealthy food? Here are some ideas for fundraising not associated with food. Children in Balance created this list and they have designed and implemented in- and after-school curricula, planning guides, and toolkits to assist parents, teachers, pediatricians and community leaders in creating an environment that promotes healthy eating and active living.

### **ALTERNATIVE IDEAS:**

- Book fairs
- Walkathons
- Races
- Sporting events
- Recycling
- Flower sales
- Magazine drives
- Wrapping paper sales
- Arts & crafts projects made by the students
- Auctions
- Car washes
- Cookbook fundraisers
- Coupon books
- Jewelry
- Healthy foods: fruit, bottled water, etc...
- Raffles
- Dinner event

Children in Balance is located at Tufts University Boston, MA and they provided this list of Alternative fundraisers to unhealthy food.