Over 8,000 schools and parks across the country are enjoying the benefits of programs which allow kids to be more active and involved.

Three individual programs that:
- Add up to 100 permanent games and activities for your playground
- Reduces bullying, conflict and injuries
- Develops good physical activity and nutrition habits
- Combats obesity
- Develops motor and social skills

The Peaceful Playgrounds Recess Program allows you to organize the playground area to reduce injuries, bullying and conflicts. You can also design your own layout with permanent painted game markings that help make activity time a more positive experience. Hopscotch, alphabet grids, and number grids are just a few samples of the 100 games that can be added. Research has documented that “more game markings, equals more physical activity” indicating that Peaceful Playgrounds is a low-cost intervention in the childhood obesity crisis. In a nationwide survey of Principals, 87% reported an increase in physical activity as a result of the Peaceful Playgrounds Program.

Create the ideal recess, afterschool and physical education environment for K-8. An easy do-it-yourself program transforms your playground into a colorful assortment of games kids love to play.

Our teachers have been able to spend more time teaching and less time settling playground disputes!”
— South Elementary School, IL

Have questions? We can help! 1-877-444-9888 • www.peacefulplaygrounds.com

Three programs available:

1. **Student Walking Program**
   - Based on research that indicates inexpensive step-counting devices (pedometers) motivate and educate kids to walk and be more active, thereby impacting the alarming number of overweight children.
   - Quick and easy to use stencils allow you to transform your blacktop into a geographical playground in as little as 4 hours.
   - Encourages educational classroom projects in History and Geography!

2. **United States & World Map Stencils**
   - Covers a large area:
     - United States: 16’ x 27’
     - World: 36’ x 18’

3. **We Count Kit**
   - Designed for a walking club. The kit includes mini-lessons on nutrition and physical activity topics.
The Recess Program Kit Package includes everything you need to create and implement a Peaceful Playground at your school, church or park.

Over 100 Activities!
Peaceful Playgrounds’ Program Kit
Design permanent playground activities that help make activity time more positive and productive including alphabet and number grids, hopping and skipping lines and multiuse circles and squares.

School Set of Activity Guides
The Activity Guides provide a consistent set of rules and program overview as well as playground report forms and equipment lists. Includes Certificates and reward coupons.

Companion Equipment Pack
This playground equipment package is the equipment you’ll need to fully implement the Peaceful Playgrounds Program at your school.

Complete Playground Blueprints
Each blueprint kit suggests suggestions for painting, placement, and recommended game markings. Set includes:
- Pre-K & Kindergarten
- Primary (Grades K-3)
- Upper Elementary (3-6)
- Field Markings (1-8)

Instructional Games DVD Series
More than 25 elementary playground games and activities delivered in an instructional “how to play” format. Solutions are also demonstrated and taught.

Neighborhood Games DVD Series
Six of the most popular recess game markings which include multi-use circle, hopscotch, ball hopscotch, targets, number line and four-square.

Fundamental Program Components
- Perceptual Motor Development Guide (10 copies)
- Playground Blueprint of Fundamental Designs
- 41 Stencils: Letters, Numbers, Feet and Shapes
- Parent Newsletters on Motor Skills Themes
- Monthly Motor Skills Award Certificates
- Motor Skills Checklists
- Staff Development Materials
- Task Cards Set
- Physical Activity Exercise Cards
- Equipment Pack
- Roll Out Stencil Set
- Paint Machine and Paint

Looking for funding to implement our program in your school? Download our Grant Template at www.peacefulplaygrounds.com

Order your program today! 1-877-444-9888

Peaceful Playgrounds Webinar
Learn how to create a playground that really works! Webinars are 45 minutes long with a 15 minute question and answer session. No special software is necessary. Participate at your own computer.

Physical Activity Exercise Cards
Set of 12 animal activity cards are designed for an aerobic fitness cycle which motivates kids to get moving.

Fundamental Movement Kit
This huge playground equipment pack contains all the equipment you’ll need to fully implement this physical education program at your school.