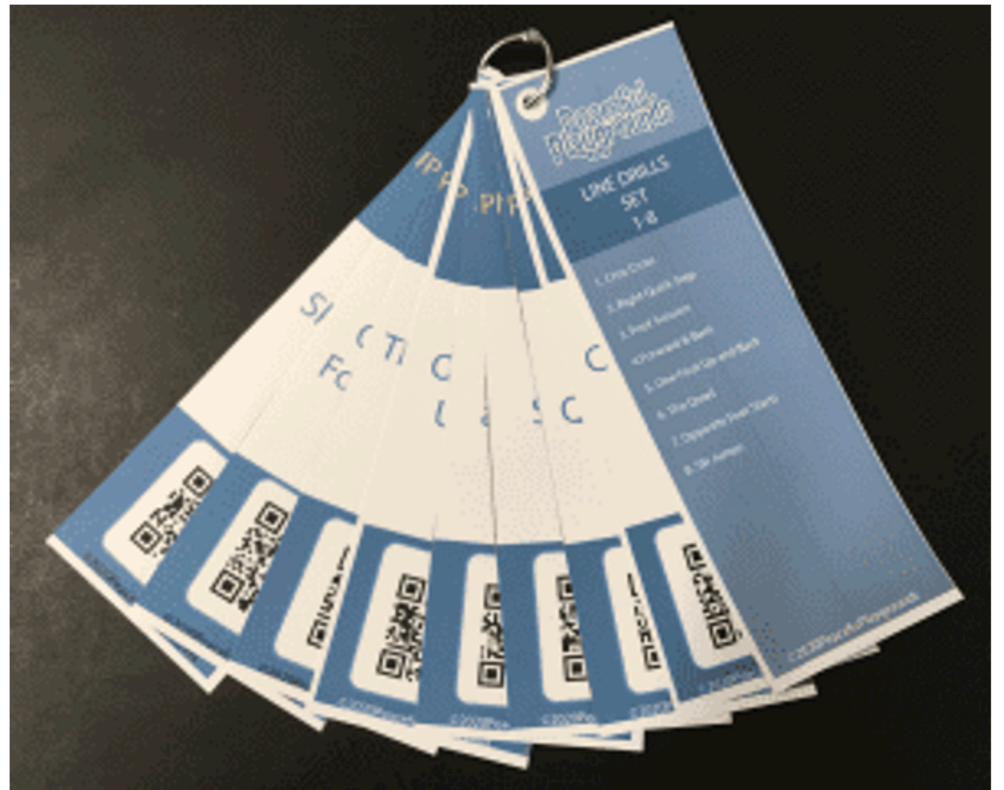
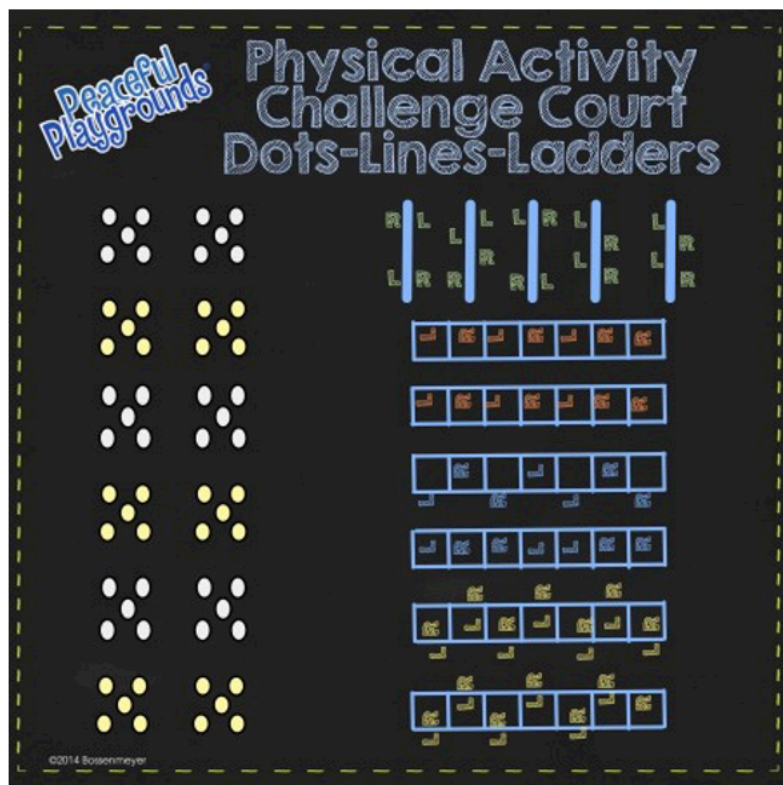


## Physical Activity Court

A Painted Fitness Center that is Economical and Convenient



Create a walking track. It's easier than you think.

A new physical activity program includes a permanent physical activity court and a trail that is painted on the playground. Unlike a fitness trail that requires expensive outdoor equipment stations, the physical activity court is low-cost, easy to implement, and can be added to existing space or the perimeter of an asphalt area. Another benefit is the elimination of carrying bulky cones and mats to the playground for stations which instead, are painted stations immediately ready for student and community participation.

The set comes with Letters, Numbers, feet, and shapes which can be added to PA Court. Contents included: 1. PA Stencils for lines, ladders and dot sets. 2. Online Support and Layout Suggestions. 3. Site License and 4. Paint and Paint