

Peaceful Playgrounds

"fun"damental

Physical Education Program

The Fundamental Movement Kit includes all the materials you need to instruct lessons indoors or outdoors. This program is designed as a physical education program for preschool to grade 2.

Fundamental Program Components

- Perceptual Motor Development Guide (10 copies)
- Playground Blueprint of Fundamental Designs
- 41 Stencils: Letters, Numbers, Feet and Shapes
- Parent Newsletters on Motor Skills Themes
- Monthly Motor Skills Award Certificates
- Motor Skills Checklists
- Staff Development Materials
- Task Cards Set
- Physical Activity Exercise Cards
- Equipment Pack
- Complete Roll Out Stencil Set
- Paint Machine and Paint



Fundamental Movement Physical Education Program

Unique markings that can be painted on the blacktop that enhances children's motor development. The Fundamental blueprint is designed for early childhood to grade two students.



Fundamental Movement Equipment Pack

This huge playground equipment pack contains all the equipment you'll need to fully implement this physical education program at your school.



Physical Activity Exercise Cards

Set of 12 animal activity cards are designed for an aerobic fitness circle which motivates kids to get moving.

